

COACH EVALUATION SHEET

	Mostly	Sometimes	Never	Comments
1. Provided praise and encouragement to reinforce correct performance.				
2. Displayed patience and support of participants as they learned.				
3. Participants had fun during training.				
4. Coach was well prepared and organised for the session.				
5. Session was well suited to age and skill level of participants.				
6. Transition from one activity to the next was smooth with minimal time wasted.				
7. Training session displayed variety to maintain participant interest and challenge.				
8. Demonstrations were correct, well planned and appropriate.				
9. Errors in performance were identified and corrected.				
10. Group sizes were kept small enough to enable maximum participation.				
11. Instructions were simple and direct.				
12. Feedback was specific to each athlete.				
13. Safety of participants was well catered for.				
14. Time allocation for each activity was appropriate.				
15. Coach moved around to observe participants from a number of different angles.				