



Ku-Ring-Gai Netball Association Inc. ABN: 22 897 530 107
PO Box 5067
Turramurra NSW 2074

EXECUTIVE MEETING – Tuesday 19th March 2024 at 7:00pm via Zoom.

MINUTES OF MEETING

Present: Rod Jackson (chair), Ruth Havrlant, Helen Pratt, and Mick Flarey.

Apologies: Ian Eldershaw and Gillian Boyd.

1. Minutes of previous Executive Meetings

Minutes of our Meeting 6th February 2024 can be found by clicking the following link:
https://www.kna.com.au/files/ugd/a0c038_ad027a1c869a46d5a0dd3ff3188a1239.pdf

Minutes of our Meeting 28th February 2024 can be found by clicking the following link:
https://www.kna.com.au/files/ugd/a0c038_d855a57b54094a1d9f15156946f72705.pdf

2. Any Business Arising

There was no business arising.

3. Kick Start

i. What worked and what didn't?

a. What worked

- i. Canteen, BBQ, NSG had 22 teams which is a great turnout, Umpires worked well - they were well organised with good communication.

b. What didn't

- i. Registering of Allstars registration is too complex, should be just name, address, mobile and email address. RJ to follow up with NNSW.

Feedback from parents was positive, a huge thankyou to all that helped, especially, Caroline Macdonald, the girls from Berowra Netball Club, and our NSG Convenors.

ii. Planning for next year

- i. Next year include NSG Orientation Day and 9's Grading Day as well?

After speaking with Grading, the following can be confirmed:

- They agree with the idea,
- Carparking could be an issue if 9's Grading Round Robin and NSG Orientation Day are run at the same time.
- Grading suggests running the 9's Grading Round Robin first with NSG Orientation to follow, i.e. a staggered start.
- Music only to be played during intermissions and not during the games.
- This day should not be held prior to paper grading of 9's.
- Confirm with KNA NSG Convenors, KNA Fixtures, KNA Coaching Convenor, and KNA Umpires Convenors first.

4. NSU AGM Report and Financials



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RH tabled the AGM report and Financials. Expenses seem to be getting out of control with a lot being spent on “Functions”. If this continues Fees will need to increase. LW looking at new sponsorship deals. RJ will reach out to NSU.

5. Reps update

All Junior State Titles teams have been selected.
Almost all State Senior teams have been selected.
Senior coaches are currently being sought.

President’s Forum to be held on 14th May, 2024 to go through the Rep Transfer Policy and the definition of “Home Grown”.

6. Competition update

Confirmation of new games times for the 2024 Season

Age Group	Start Time	Game	Quarter length	Breaks	Time (mins)
10's	8.00am	Game	4 x 10	2,3,2	47
		Break			13
11's	9.00am	Game	4 x 10	2,3,2	47
		Break			13
12's	10.00am	Game	4 x 12	2,4,2	56
		Break			14
Inters	11.10am	Game	4 x 14	2,4,2	64
		Break			16
Cadets	12.30pm	Game	4 x 15	3,5,3	71
		Break			14
Seniors	1.55 pm	Game	4 x 15	3,5,3	71
		Break			14
Seniors	3.20pm	Game	4 x 15	3,5,3	

No objections to the above changes in time, carried.

7. NSG update

KNA Grading have done an enormous amount of work, including doing the timing of games twice. The Executive very much appreciate the extra effort they have put in to get the NSG Competition up and running for this year’s competition. The game times are as follows:



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- 8.05 – Aqua
- 9.10am – Yellow
- 10.15am – Blue
- 11.20am – Magenta
- 12.25pm Green

No objections to the above game times, carried.

We are still looking for the “Face” of our NSG program. We will be able to organize and run, with current volunteers about 7 of the 14-week training sessions. These sessions will follow the Netball Australia training schedule.

Thank you to Larissa Daniels and Marc Gozzett for volunteering to help during the season. Day 1 NSG training session will be run by RJ and someone from NSG.

Skills Sessions Suggestions

As discussed, just sharing some ideas re NSG and the NSG Skills sessions that KNA have proposed. I’ve also had a chat with Beth from KP, our WP President Kelly and our NSG convenor last season (Mimi) before responding with suggestions below.

- Looking at teams for 2024, there are 8 teams playing every hour from approx. 9am – 1pm on a Saturday (4 hours). Potentially 80 players at Lofberg each hour.
- For KNA to run an effective Skills program I feel they would need 1 coach per court, so 4 coaches per hour. Coach availability for this is an issue as most experienced coaches are at Canoon, or in paid coaching positions on a Saturday for Private schools, playing themselves, or parents running children around.

Some alternate suggestions include: -

1. Outsource this program externally at a cost – For example, approach ‘Find My Coach’, ‘NETFIT’ or ‘Ku-ring-gai JETS’. Suggest recruiting a professional program to run the NSG program for just 3-4 weeks at Lofberg (then return to normal game play). Hire 4 coaches per week, one per court. Each court will have a coach who runs skills for 20-30 mins with the 2 teams and coaches, followed by 30 mins game play. Professional coach offers both umpire and coaching guidance for both teams on their court. The cost per coach for these programs is roughly \$100 per hour, \$1600 per Saturday at Lofberg.
2. Provide each team with a 15-minute warm up and skill program before their game each week. Teams pick up their scoresheet and a short list of skills to complete before they play their game. E.g. Week 1 would just include simple warm up runs, shoulder passing and catching (correct technique explained). Week 2 warm up may include jumping and hopping, plus skills include 1–2-foot balanced landings etc. KNA may



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only need one supervisor to check on teams on each court while they perform their skills each week.

3. KNA offer above skills each week provided with the scoresheet, plus provide a few “Demonstration Umpire Games” (maybe 2nd and 3rd timeslots) to allow all umpires to attend before or after their normal team game. Similarly, KNA provide a “Coach the Coaches session” (2nd and 3rd timeslots) to discuss what to expect coaching NSG, Netball NSW development framework and realistic expectations for NSG, answer any coach questions etc.
4. Clubs provide experienced coaches to assist NSG teams at Lofberg once per season. WPNC would be happy to provide some experienced coaches to attend Lofberg for a Saturday in the season (with notice), however this would be at the expense of the teams they may normally coach on a Saturday at Canoon. We understand this may not be an option for all clubs.

8. Grounds update

Chris Shi is the new Facilities Manager. He will be fantastic addition to our Grounds team. The role doesn't involve a vote on our Council. He met with David Funk last Sunday for the handover. Chris will be head of grounds until we can find a Grounds Convenor. Hamish Dobson and George Ing will assist him. The KNA executive warmly welcome all three to our Grounds team. Chris will do Saturdays, George doing Thursday nights, with Hamish assisting Chris with Carparking and Grounds duties on Saturday mornings (6:30am to 11am) and George assisting Chris with Carparking and grounds duties on Saturday afternoons (1pm – 5pm).

Brenda and Kevin Williams are both in the 80's and it's not right for us to expect them to continue their role of packing the fridges and waiting for deliveries. HP to add this to the list of duties to be performed by our Club Grounds Window volunteers.

9. Coaching update

TB will be holding a Coach the Coach session at Barket College on 14th April, 2024, which is the first weekend of the school holidays.

10. Marketing update

All on Track. RJ has seen the first Newsletter of the year, and all looks terrific. RJ to follow up with AddBuild, who expressed an interest in Sponsorship in February.

There was no further business and the meeting closed at 8:10pm.

The next Executive Meeting is scheduled for 18th April 2024.