



KNA METRO LEAGUE 2026 INFORMATION SHEET

Welcome to the KNA online nomination system. Please ensure you read this information before proceeding to the online nomination page.

DOOLEYS Metro League is one of the premier netball competitions in New South Wales, offering week in, week out competition for the state's most talented netballers, coaches, umpires and administrators. The competition is an open age competition for players turning 16 years and over in 2026.

In 2025, KNA fielded teams in Divisions 1, 4, 5 and Development Series of the Metro League Competition. In Division 1,5 and Development, KNA was in the top 4 associations in their respective divisions and Division 4 finished 2nd. KNA will again seek to enter 4 teams in this competition.

We anticipate the 2026 Metro League Competition will again have 6 Divisions and be played over three weeknights at Netball Central, Homebush.

Monday (Div 6 and 5)

Tuesday (Div 4 and 3)

Thursday (Div 2 and 1)

Games times each week are either 6.30pm, 7.40pm or 8.50pm.

TRAINING

Div 1 - Wednesday nights,

Div 3 and 5 – Thursday nights

Div 6 – Tuesday nights

2026 METRO LEAGUE SELECTION TRIALS

Phase 1 Trial – Sunday 23rd November 2025, 3.00pm - 6.30pm

Hills Netball Association Pennant Hills Park Britannia St Pennant Hill's

Phase 2 Trial (invited athletes only) – Sunday 30th November 2025, 3.00pm – 6.30pm

Hills Netball Association Pennant Hills Park Britannia St Pennant Hill's

Check the website closer to the trial date in case of changes or further updates.

If a player is unable to attend one or both selection trials, please advise the reason via email knasenioreps@kna.com.au asap.

NOMINATION FEES

Players will be required to pay \$100 plus processing fee to nominate. If unsuccessful a refund of \$100 will be given. Should a player be offered a position in a KNA Metro League team \$100 will be deducted off the Metro League fee for 2026. There will be no refund for a change of mind or a player choosing not to take the position offered.

CLOSING DATE FOR NOMINATIONS

16th November 2025 (12pm).

LATE NOMINATIONS WILL ONLY BE ACCEPTED AT THE DISCRETION OF THE REP SELECTION COMMITTEE



KNA Mission Statement

To continually develop KNA as a premier netball association through the provision of leading-edge representative programs, which develops talent, fosters teamwork and encourages the pursuit of personal and team excellence.

Selection Process Selectors

The Senior Rep Selection Convener, the Head Selector along with Senior Selectors will form the selection panel. The team coach/s will also be part of the selection panel if appointed prior to selections.

Selection Information

- Players must attend all trials. Players unable to attend all trials must apply in writing as mentioned previously.
- Playing in previous year/s Metro League, Summer Series, State Championships or Representative season competitions does not guarantee selection into a Metro League team the following season/s.
- KNA has a player “loyalty” policy for all teams. Whilst KNA is willing to accept players from other Districts, such selection will be dependent upon the standard of those players as compared to the current KNA players and the team balance. Preference will always be given to current KNA players in circumstances whereby the players are judged to be equal in ability.
- The team selections will not be based entirely on the selection trials, but also on performances this season at Metro League, Summer Series (if applicable) and State Titles.
- The selectors will base their decisions on their own observations, coach’s reports and consideration of future development of players. Experience, ability, commitment and attitude will be considered.
- Team balance will also be considered when making selections to ensure that each position has suitable coverage.
- The selection of teams may not be completed following the initial selection trials and may include other players who meet criteria as determined by the senior rep selection committee and appointed coach.
- All trial players will be advised by email of the outcome (i.e team offer or non-selection) following selection trials. All players offered a place are asked to email a reply within 48 hours of the team offer being made.
- Players who accept a team offer and then chose to trial at other Districts or do not withdraw from positions already obtained at other districts will have their accepted status changed to under review.

Conflict of Interest

Should any of the selectors have a relative who is trialling this constitutes a conflict of interest, and accordingly they will not participate in any discussions or vote concerning their respective relative’s position in a team.

KNA Senior Representative Player Commitments 2026

The following conditions and commitments must be read and agreed on the nomination form for your application to be accepted. If you have any concerns or questions regarding trials or other selection issues, please contact knasenioreps@kna.com.au.



KNA Player Mission Statement

To represent our Association and my team to the best of my ability and ensuring that the ideals of netball - participation, fitness, competition, teamwork and, above all, sportsmanship are always maintained.

KNA Representative Commitments

Representative players not only make a commitment to KNA, but just as importantly they make a commitment to the rest of their team. Absences from training, games and any representative functions (other than those absences that cannot be avoided) are unfair to the team, KNA and those players who were not fortunate enough to be selected in a representative team.

It is expected that all KNA senior representative players selected meet the following commitments: -

Attendance at each game. Players should attend games even when injured to support their team. (Minimum requirement is 85% attendance)

Attendance at each of the scheduled training sessions at least one session each week of 1.5 – 2 hours duration. (minimum requirement is 85% attendance)

Attendance at pre-season fitness training sessions (at least one session each week of 1 hour duration) Attendance at fitness training sessions or second training session (if applicable for your team) - one session each week throughout the season for 1-1.5 hours duration (minimum requirement is 75% attendance)

Attendance and coaching at least one KNA Metro League junior club coaching clinic Attendance at any organised training games as appropriate

Attendance at the Senior Representative End of Season Function

Attendance at NNSW presentation ceremonies held following respective Championships or Competitions

Players must apply to their Coach and/or Senior Rep Selection Convenor for approval of leave greater than 1 week during the preseason or playing season.

Players unable to train/play for more than 1 week due to injury will need medical clearance to resume training and playing.

Failure to meet the above Representative Commitments may lead to the player being withdrawn from their representative team on the recommendation of the KNA Representative Committee and at the sole discretion of the KNA Executive.

Player Code of Behaviour

It should be remembered that you are always representing KNA whilst playing matches, attending carnivals, and visiting other Associations. Netball NSW has a Code of Behaviour Policy <https://nsw.netball.com.au/sites/nsw/files/2022-05/Final%20CLEAN%20-%20NNSW%20Codes%20of%20Behaviours%20-%20091121.pdf>

that we expect our players to adhere to, and any deviations from this conduct will not be accepted. Whilst we wish all players to really enjoy their representative experience, it is also important that we do so whilst respecting those around us. Failure to maintain the expected Player Code of Behaviour may lead to the player being withdrawn from their representative team on the recommendation of the KNA Representative Committee and at the discretion of the KNA Executive.

Parent/Guardian/Spectator Code of Behaviour

It should always be remembered that you are always representing KNA and inappropriate comments or behaviour, verbal abuse or public criticism of players, coaches, umpires or officials will not be tolerated under any circumstances. Coaching from the sideline will not be tolerated. Netball NSW has a Parent/Guardian/Spectator Code of Behaviour Policy at <https://nsw.netball.com.au/sites/nsw/files/2022-05/Final%20CLEAN%20-%20NNSW%20Codes%20of%20Behaviours%20-%20091121.pdf>

Failure to maintain the expected Code of Behaviour may lead to the player being withdrawn from their representative team on the recommendation of the KNA Representative Committee and at the sole discretion of the KNA Executive.



KNA Website for Trials and Venue Information

I/we understand and agree that access to the KNA website is required for all further information regarding the selections, including trial venues, wet weather and other information that will be posted during the season.

Senior Playing Fee Information

All KNA players from Net Set Go to A1 subsidise the cost of the Senior Representative programs. Costs include but are not limited to preseason fitness programs, Netball NSW entry fees, coaching, equipment, court hire and specialist sessions. All players in our representative program are required to contribute towards these costs.

As an indication 2025 Metro League Fees were Approximately \$608. The \$100 nomination will be deducted from this Fee. A venue entry pass is also required to be purchased by players. The cost for the season in 2025 was approximately \$127.50.

Uniform: purchase of the specified uniform (approx. cost):

A line dress - \$ 85.00

Undershorts - \$23.00

Training top - \$40.00

Hoodie - \$90.00

Socks - \$15.00

Sports Bags - \$40.00

Note: These fees are an indication of possible charges only and may be adjusted where necessary.

Privacy

All information collected from the Nomination Form is for the sole use of the KNA Representative committees and will not be passed on to any external parties (other than Netball NSW for registration purposes) or used for any other purpose.

NSW NETBALL PRIVACY POLICY

It is the policy of the NSW Netball Association Ltd to comply with the Privacy Act. Personal information about you is only obtained from information provided by you. This data is collected by NSW District Associations affiliated with the NSW Netball Association. Members can change or gain access to their personal information by contacting their District or Netball NSW email: netballnsw@netballnsw.com

NOMINATE HERE

Please click on the following link

<https://netballtrials.com/register/kna-2026-metro-league-trials-kna/>